

Questions 43 to 46 are about things that have happened in the last two weeks.

43. During the last two weeks, have you struggled to stay awake (fought sleep) or fallen asleep in the following situations? (Mark one answer for every item.)

Both struggled to stay awake and fallen asleep
 Fallen asleep
 Struggled to stay awake
 No

- in a face-to-face conversation with another person?
- traveling in a bus, train, plane or car?
- attending a performance (movie, concert, play)?
- watching television or listening to the radio or stereo?
- reading, studying or doing homework?
- during a test?
- in a class at school?
- while doing work on a computer or typewriter?
- playing video games?
- driving a car?

Do you drive? Yes
 No

44. During the last two weeks, how often did you ... (Mark one answer for every item.)

Every day
 Several times every day
 Once or twice a day
 Never

- a. drink soda with caffeine [like Coke, Pepsi; not like root beer, orange soda or Sprite]? ...
 - b. drink coffee or tea with caffeine?
 - c. use tobacco? [cigarettes, cigar, chewing tobacco, etc.]?
 - d. drink alcohol [beer, wine, liquor]?
 - e. use drugs [like marijuana, cocaine]?
- please specify type:

45. In the last two weeks, how often have you ... (Mark one answer for every item.)

Never
 Once
 Twice
 Several times
 Everyday/night

- a. felt satisfied with your sleep?
- b. arrived late to class because you overslept?
- c. fallen asleep in a morning class?
- d. fallen asleep in an afternoon class?
- e. awakened too early in the morning and couldn't get back to sleep?
- f. stayed up until at least 3 a.m.?
- g. stayed up all night?
- h. slept in past noon?
- i. felt tired, dragged out, or sleepy during the day?
- j. needed more than one reminder to get up in the morning?
- k. had an extremely hard time falling asleep?
- l. had nightmares or bad dreams during the night?
- m. gone to bed because you just could not stay awake any longer?
- n. done dangerous things without thinking?
- o. had a good night's sleep?

46. During the last two weeks, how often were you bothered or trouble by the following?

Much
 Somewhat
 Not at all

- a. Feeling too tired to do things
- b. Having trouble going to sleep or staying asleep
- c. Feeling unhappy, sad, or depressed
- d. Feeling hopeless about the future
- e. Feeling nervous or tense
- f. Worrying too much about things

ID
Number

0	0	0	0
1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9